



Clarity Independent School

Unique approaches to curriculum delivery



Sensory



A calming environment is created, based around the child's individual sensory needs or sensitivities they may have. Working with advice from Occupational Therapists, resources and equipment are sourced to accommodate individual needs. Lesson activities allow more / different handling of physical materials to demonstrate pictorial or conceptual ideas. Activities may involve more / different hands-on approaches, enhance sensory experiences through listening, tasting, touching, more visual learning etc. This approach may be suitable to support students with, for example, sensory processing disorder by:

- Enhancing their learning through sensory activity
- Raising their tolerance levels to difference senses
- Promoting their well-being
- Encouraging them to explore new information
- Promoting a more holistic understanding



Approved Assessor for
Disabled Students'
Allowance



Guild Member
Assessment Practising
Certificate holder



INPP
Practitioner



AMBDA Status



Nurture

We provide an increased nurturing environment, focusing on support, encouragement and gentle instruction. We deliver strategic and specific praise for small steps to support developing confidence and self-esteem coupled with counselling / mentoring. This approach may be suitable to support students struggling with, for example, mental health difficulties or reduced self-esteem to:

- Raise their belief that they are valuable, special, unique and that they belong
- Challenge negative self-talk and ideas
- Reduce their anxieties
- Teach self-regulation and how to feel calm
- Experience lower stress and have a mind that is engaged and ready to learn



Focus

Our focus approach is specially designed to build skills to sustain attention and equip all students with techniques and knowledge to better manage tasks as well as themselves. Class position, peer groups, stimuli, resources and exercises help children who may be struggling with, for example, ADHD to have greater:

- Attention and sustaining focus on tasks
- Self-control
- Self-regulation
- Anger management
- Resisting impulsivity
- Energy release, deep pressure, push pull activities and exercise



Communication and Language

The communication and language approach focuses on language, body language and conversation skills, comprehension and inference. Students who may be struggling with, for example, autism or speech and language difficulties etc. They are supported with speech and language therapy where appropriate, and other activities such as role-play and researched programmes e.g.:

- Self-regulation Programme of Awareness and Resilience in Kids (SPARK)
- Conversation strategies, Talk Boost and Talk for Teenagers.
- Early language and communication project 2017 for developing language skills through comprehension
- The Inference Training Programme for comprehension skills



Coordination

This group focuses on coordination, body control, tactile learning and using more physical resources. Working with advice from Occupational Therapists, pupils will develop skills to help them to focus on different tasks, to adapt to new information as well as organizing their work processes and themselves. Students will be taught through a variety of ways, such as:

- Tactile learning, lots of physical resources
- More physical equipment provided
- Big-picture work
- Large scale (and outside) learning using physical learning and kinaesthetic approaches

Many of our children benefit from a combined provision, using several of the approaches above therapeutically.

Our Therapy Offer

At Clarity, we support our academic curriculum through a rich selection of therapies and interventions including:

- SALT therapy review every half term with a qualified Speech and Language Therapist to develop a programme of interventions to be delivered in school by the SENCO, keyworkers and teaching staff, as prescribed for timetabled intervention sessions, as well as being embedded into lessons and daily activities. Also, our SENDCO delivers Talk For Teenagers; a social communication programme.
- Well-being counselling / coaching once / twice weekly, individual / group sessions for as long as the child needs it, until they leave school.
- Occupational Therapy, half termly reviews with a qualified Sensory Integration Occupational Therapist. Therapeutic regulation strategies are delivered throughout lessons and activities during every school day, and individual OT targeted exercises are delivered weekly to specific pupils, by keyworkers and teaching staff in timetabled intervention sessions.
- Dyslexia tuition is delivered by a Dyslexia Specialist Teacher, through one to one or small group targeted intervention sessions.
- Swimming lessons are taught weekly during the summer term.
- Bushcraft is delivered by Essex Outdoors at Danbury Country Park fortnightly throughout the year, and exciting outdoor activities, such as Archery, High Ropes, Rock Climbing or Zip Wire on the fortnights in between.
- Individual guitar lessons are supplied by Essex Music Services weekly, and are also part of our offer to every child attending Clarity. Children also have the included option of learning piano or drums.
- Football coaching is delivered weekly by Coaching Champions.
- Coaching Champions also blend this physical training into special nutrition classes, teaching children to balance healthy eating with physical exercise to become healthy, successful citizens.
- We also believe that giving the children plenty of opportunity for frequent, fun, educational trips is an essential part of their social emotional development, and as such are included as part of our all-inclusive offer.